PENNSYLVANIA INTERSCHOLASTIC ATHLETIC ASSOCIATION

— DISTRICT THREE —

TO: **PIAA DISTRICT III ATHLETIC DIRECTORS, SWIMMING COACHES AND DIVING COACHES**

FROM: **DONALD SEIDENSTRICKER**
DISTRICT III SWIMMING AND DIVING CHAIRPERSON

DATE: **December 23, 2015**

RE: **2015-2016 SWIMMING AND DIVING CHAMPIONSHIP DATES AND LOCATIONS**
2015-2016 SWIMMING AND DIVING QUALIFYING GUIDELINES

The purpose of this memo is to provide you with important information related to the 2016 District III Swimming and Diving Championships. Our qualifying guidelines for swimming have been updated following a review of last year's championship results. We ask that you review all guidelines and if you have any questions, please contact me at 717-633-4807, Ext. 21950. **Non-swim schools should please note that we are again scheduling two (2) District III Qualifying Meets this year.** Please plan to register your swimmers by using the online-entry procedure that will be available in February. Best wishes for a successful swimming and diving season.

IMPORTANT DISTRICT III SWIMMING AND DIVING DATES

DATE	EVENT	LOCATION	TIME
Monday January 11, 2016 (tentative)	**Posting of District III Swimming and Diving Information and Non-Swim School Entry on District III Website**	**piaadistrict3.org**	
Tuesday, January 26, 2016	Qualifying Meet for Non-Swim School Swimmers	South Western High School **(6:00PM warm ups)**	7:00 PM
Tuesday, February 2, 2016	Qualifying Meet for Non-Swim School Swimmers	South Western High School **(6:00PM warm ups)**	7:00 PM
Monday February 1, 2016	District III Swimming and Diving Entry Forms Available Online	**piaadistrict3.org**	
Tuesday, February 23, 2016	Practice AA Diving Championships	Big Spring High School	5:00-8:00 PM
Wednesday, February 24, 2016	District III AA Diving Championships	Big Spring High School (5:00PM Warm-Up)	6:00 PM
Friday, February 26, 2016	Practice AAA Diving Championships	Wilson High School	5:00-9:00 PM
Saturday, February 27, 2016	District III AAA Diving Championships	Wilson High School (9:00AM Warm-Up / Boys AM / Girls PM)	10:00 AM
Friday, March 4, 2016 Saturday, March 5, 2016	District III Swimming Championships	Cumberland Valley High School	12:00 PM

(OVER PLEASE)

2016 DISTRICT III DIVING ENTRY REQUIREMENT

Number of Divers

Each league will have the opportunity to automatically qualify the following number of boy and girl divers provided that they have not failed any dive during the league qualifying round.

League	AAA	AA
Central Penn	3 divers	1 diver
Lancaster-Lebanon	0 divers	0 divers
Mid-Penn	6 divers	6 divers
York-Adams	3 divers	1 diver

****(Lancaster-Lebanon does not sponsor a "League Championship" Diving Meet)**

Additional divers will be considered on an "At Large" basis if they meet the following entry requirement:

Each optional dive proof must show a "Judge's Total Score" of 13.5 or higher to be accepted. Dives with a "Judge's Total Score" of less than 13.5 will not be accepted as proof of ability to perform the six (6) optional dives. Additionally, a DD requirement for optional dives will be in effect as follows:

GIRLS		BOYS	
AA	11.5	AA	11.7
AAA	12.0	AAA	12.0

2016 DISTRICT SWIMMING QUALIFYING GUIDELINES

MEETING THESE GUIDELINES GUARANTEES ENTRY

EVENT	GIRLS AA	GIRLS AAA	BOYS AA	BOYS AAA
200 Medley Relay	1:59.48 (16)	1:49.87 (16)	1:44.81 (16)	1:38.28 (16)
200 Freestyle	2:06.17 (24)	1:59.05 (32)	1:54.84 (24)	1:47.73 (32)
200 Individual Medley	2:22.44 (24)	2:11.92 (32)	2:10.55 (24)	2:02.17 (32)
50 Freestyle	:25.78 (24)	:25.23 (32)	:23.36 (24)	:22.65 (32)
100 Butterfly	1:05.90 (24)	1:01.01 (32)	:57.02 (24)	:53.56 (32)
200 Freestyle Relay	1:47.42 (16)	1:41.02 (16)	1:34.92 (16)	1:28.60 (16)
100 Freestyle	:57.14 (24)	:55.15 (32)	:49.76 (24)	:49.32 (32)
500 Freestyle	5:41.05 (24)	5:17.00 (32)	5:21.48 (24)	4:52.75 (32)
100 Backstroke	1:05.60 (24)	1:01.34 (32)	1:00.13 (24)	:55.47 (32)
100 Breaststroke	1:13.11 (24)	1:08.41 (32)	1:05.81 (24)	1:02.43 (32)
400 Freestyle Relay	4:01.74 (16)	3:40.92 (16)	3:25.76 (16)	3:15.16 (16)

*****PLEASE NOTE THAT MEETING THE ABOVE TIMES WILL GUARANTEE ENTRY FOR THE EVENT LISTED. WE WILL ACCEPT TWENTY-FOUR (24) AND THIRTY-TWO (32) SWIMMERS FOR "AA" AND "AAA" INDIVIDUAL EVENTS RESPECTIVELY, AND SIXTEEN (16) TEAMS FOR EACH RELAY EVENT FOR BOTH CLASSIFICATIONS**